

Seeds goes shopping

Seeds loves a healthy lunch. He needs to go shopping but only has £8.00 to spend. Can you help Seeds by making a shopping list? Choose the food you think will give Seeds a healthy and balanced lunch. You can pick as many different items as you like but you must stick to your £8.00 budget.

Meat, fish and alternatives							
	Bacon 96p	Chicken slices £2.50	Tuna £1.09	Eggs 73p			
	Bread, cereals and potatoes						
		White bread 59p	Wholemeal bread 59p	White baguette 55p		Rye bread £1.19	
Milk and dairy							
		Cheese £1.65	Low fat cheese £1.69	Yoghurt 48p	Semi-skimmed milk 40p		
	Fatty and sugary foods						
		Healthy spread £1.18	Butter 85p	Fizzy pop 50p	Crisps 40p		
Fruit and vegetables							
		Apple 20p	Lettuce 60p	Tomatoes 99p	Cucumber 34p		

Draw your choices on the conveyor belt.

Total: _____

Change: _____